



# *British Aikido Board*

*Sport England Recognised  
Governing Body for Aikido in the UK*

## **Information Sheet for those against whom a complaint of poor practice or an allegation of abuse has been made.**

If you have been notified by the BAB that there are reported causes for concern regarding your behaviour towards or with children or young people you may find the following contact details useful as a form of support and guidance.

The BAB does not have any trained volunteers and so cannot provide you with any direct support. However if you are experiencing difficulties in accessing suitable support and feel you need help then please contact your GP or local Social Services for further guidance.

The Samaritans  
The Upper Mill  
Kingston Road  
Ewell  
KT 17 2AF

In the UK dial 08457 90 90 90.

In the Republic of Ireland dial 1850 60 90 90.

<http://www.samaritans.org/>

Other sources of help and advice include:

### **Child Line**

Studd Street

London

N1 0QW

Tel 020 7239 1000/fax 020 7239 1001

Free national telephone helpline for children 24 hrs 0800 1111

[www.childline.org.uk](http://www.childline.org.uk)

**Both Parents Forever**

39 Cloonmore Avenue

Orpington

BR6 9LE

Tel 01689 854 543

Advice to parents, grandparents, children on rights following divorce, separation. Men in domestic violence situations/false allegations. Help in child abduction cases

<http://www.parentsareforever.com/>

**Family Rights Group**

The Print House

18 Ashwin Street

London

E8 3DL

Tel 020 7923 2628/fax 020 7923 2683

Assists families with children in care/residential accommodation/involved in child protection procedures

[www.frg.org.uk](http://www.frg.org.uk)

**AEST**

Support forums for survivors of abuse and information for survivors of childhood and adult sexual abuse or rape; for both female and male sexual abuse survivors from the UK and around the world. Also related subjects such as date rape, male rape, panic attack, eating disorders, self harm, and inner child work.

[www.aest.org.uk/](http://www.aest.org.uk/)

**Parentline Plus**

Unit 520

Highgate Studios

53-57 Highgate Road

London

NW5 1TL

Tel 020 7284 5500

Helpline 0808 2222 2222

Support for all families/stepfamilies

[www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)

**Self Harm Alliance**

PO Box 61

Cheltenham

GL51 8YB

Tel 01242 578 820

National organisation offering support

[www.selfharmalliance.org](http://www.selfharmalliance.org)

*Re the above: please advise the BAB Lead CPO of any incorrect information so that we can update this document.*