



# British Aikido Board

## Appendix 1

### Guidance to Associations and Clubs

Check the BAB website for the current [Return to the Dojo Status](#) and the [Return to the Dojo Documentation](#) to ensure you are following the correct phase for your local area, remember that the Government Guidance may vary between the 4 Nations.

- Ensure that all BAB membership and Venue memberships are up to date.
- Appoint a "COVID-19" Officer (Appendix 5).
- Carry out Standard Risk Assessment (Appendix 3).
- Carry out COVID-19 Risk Assessment (Appendix 4).
- Complete and return the Club Declaration Form to the BAB Secretary by post or email. (Appendix 7)
- Check that no one trains who is showing symptoms of coronavirus or has been in contact with someone suffering from the illness ( Clubs should purchase an infra-red thermometer) Log that it has been done on the track and trace form (Appendix 6)
- Instructors are to be aware that they will need to bear a responsibility for ensuring best practice.
- Ascertain whether your venue(s) whilst possibly re-opening, are accepting outside lettings or those involving contact sports.
- A key issue is the possible reluctance of venues to re-let their facilities because of the need to maintain control over cleaning/hygiene standards, particularly schools.
- Explain what Phase you are in 0,1,2,3 and whether contact is taking place.
- Also be aware that some venues may charge a premium for say hygienically treating an area used for contact activity before letting it to another group?
- Develop Advice to members on how they might safely access the Venue where training takes place.
- Spectators / Parents access only to be permitted when safe distancing from the mat can be maintained and masks are worn in line with Government Guidelines. Note the spectators are included in you maximum numbers if they stay.
- Ensure that all Guidelines are applied to Spectators / Parents / Carers including the track and trace forms.
- Ensure all first aiders have read the latest guideline (Appendix 8)
- Ensure no sharing of weapons.
- Members to wash hands or use hand sanitiser before and after training
- Ensure mats are cleaned, after training using a suitable agent, (mats should also be cleaned prior to training for those sharing mats with other groups).
- Avoid taking cash payments where possible.
- Avoid "Shouting Excessively" when instructing to reduce droplet transmission.
- Consider whether those Over 70 years of age. Can / should / will want to practice.





# British Aikido Board

## Appendix 1

- Those clubs facing financial hardship should contact the BAB Secretary, via the website, for advice on possible sources of grants/funding.
- Remember that the Government Guidance may vary between the 4 Nations.
- Check the any local area restrictions your club is operating in and the phase the BAB Website states is current.

### Travel to Venues

Please ensure members travel alone where possible and are changed ready for aikido to minimise the use of the venue facilities. If children are being brought to a class ensure only one family / household of the same support bubble are traveling together.

### Note: Concerning Infra-red Thermometers

There have been incorrect social media statements on the use of Infra-red thermometers, for more details on the safety of these devices please read the information on the [BAB COVID-Hub](#)

