

## Guidance for Aikido Competition

Check the BAB website for the current [Return to the Dojo Status](#) and the [Return to the Dojo Documentation](#) to ensure you are following the correct phase for your local area, remember that the Government Guidance may vary between the 4 Nations.

### Overview

Although we have international rules for Tanto Randori, and Embu these need to be modified for the COVID-19 situation. For reference read the JAA International Tanto Randori Rules (see appendix 13)

### Competition Organisers

#### Prior to the competition

- Before the competition reference should be made to any local restrictions, the combat contact framework and the government step stages of the road map to ensure changes have not be made that would affect the competition.
- The competition must comply with Phase 0 documentation and risk assessments
- The competition must be held in a local area with no restrictions and all participants and officials must also be from an area with no restrictions.
- Electronic payment and prior registration is required for all participants and spectators, advise that no participant will be allowed into the competition if they have attended another competition within one month. Also during the registration they must complete an Opt-in form.
- It is also recommended that evidence of being vaccinated or a positive antigen test is requested from all competition participants prior to be allow to enter the venue on the day.
- A COVID-19 Officer must be appointed prior to the competition who will monitor all COVID-19 matters, this person must NOT have any other roles on the day of the competition.
- Ensure the venue has sufficient ventilation (see attachment 10)

## Day of the competition

- On the day of competition reference should be made to any local restrictions, the combat contact framework and the government step stages of the road map to ensure changes have not be made that would affect the competition.
- Ensure only prior registrants are allowed in and a full register is taken and temperature is record as they enter the building. This also includes any spectators.
- Spectators / Parents / Carers; access only to be permitted when safe distancing from the mat can be maintained and masks are worn in line with government guidelines.
- The COVID-19 Officer shall hold a team briefing to explain all the COVID-19 extra requirements to instructors and officials.
- Supply sanitising stations for both hands and weapons.
- Ensure all BAB memberships are up to date, or temporary membership is taken on the day.

## Officials

- All officials are recommended to wear gloves and masks except for medical reasons.
- Ensure First Aiders have read the latest guidance (Appendix 8)
- A briefing to explain all the COVID-19 extra requirements participants by the senior competition organiser or the COVID-19 Officer.
- Although this is difficult in a large venue avoid "Shouting Excessively" when officiating to reduce droplet transmission. Consider using a remote microphone system.
- When Participants are waiting to compete ensure they keep at a safe distance to others

## Extra Requirements

- Embu Pairs must be from the same training bubble and should not mix with other team members. As they may be holding each other for longer than the recommended 3 seconds.
- In Tanto Randori each participant must use their own Tanto, physical contact between participants should be less than 3 seconds before the referee should call a break.
- Do not attend the competition if you are having any symptoms or have been in contact with someone who has tested positive for Covid-19.
- Recognise that individuals must also accept a level of responsibility towards others and themselves.
- Only use your own or partners weapons.
- Use sanitising stations for both hands and weapons.
- Keep towels and water bottles and all personal possessions in your own kit bag.
- Use of changing rooms to be avoided and showers not to be used. Where possible participant should arrive wearing Gi.
- Follow Government guidelines on the wearing of masks
- Follow the venue access safety rules.
- If participant are over 70 years of age they are in the high risk vulnerable category consider carefully if they should practice? If they do it is highly recommended they are vaccinated or have a positive antigen test.
- Remember that the government guidance may vary between the 4 Nations.

## Travel to Competition Venues

Please ensure competitors travel alone where possible and are changed ready for the competition to minimise the use of the venue facilities. If children are being brought to a venue ensure only one family / household of the same support bubble are traveling together.