

COVID-19 RISK ASSESSMENT

N.B. This document is to be applied in compliance with the current BAB Risk Assessment Guidelines and Safeguarding Policy that can be found on <https://www.bab.org.uk>. Check the BAB website for the current [Return to the Dojo Status](#) and the [Return to the Dojo Documentation](#) to ensure you are following the correct phase for your local area.

Task / Hazard	Hazard Identified	Current Control	Further Action	Risk Rating
Droplet Transmission	COVID-19	Guidance issued and Practise has been revised to minimise where droplet transmission may occur.	<p>Phase 0 Socially distance Aikido greater than 2 meters</p> <p>Phase 1 Aikido using equipment weapons based</p> <ol style="list-style-type: none"> 1. Socially distanced weapon training greater than 2 meters for longer than 15 minutes. 2. Weapon to weapon training less than 1 meter non face to face less than 1 minute. 3. Weapon to weapon training less than 1 meter face to face less than 3 seconds. 4. Hand to weapon training less than 1 meter non face to face less than 3 seconds. 	<p>LOW</p> <p>LOW to MEDIUM</p>

			<p>Phase 2 and 3 Aikido weapons and hand to hand.</p> <p>Weapons</p> <ol style="list-style-type: none"> 1. Weapon to weapon training less than 1 meter non face to face less than 1 minute. 2. Weapon to weapon training less than 1 meter face to face less than 3 seconds. 3. Hand to weapon training less than 1 meter non face to face less than 3 seconds. <p>Hand to Hand</p> <ol style="list-style-type: none"> 4. Hand to hand training gripping less than 1 meter face to face less than 3 seconds. 5. Hand to hand training gripping less than 1 meter non face to face less than 3 seconds. 5. Weapon to hand training less than 1 meter non face to face less than 3 seconds. 	<p>LOW to MEDIUM</p> <p>MEDIUM</p>
Fomite Transmission	COVID-19	Mats cleaned after each use, All Aikidoka to bring own weapons Clothing Aikido Gi to be washed after each use.	Club to provide sanitiser for use with the class in case weapons are placed on the floor	LOW
Population	COVID-19	Aikido Classes are generally quite small so maximum class size of 15 with pods 6 or less will keep transmission down	Ensure no mixing of pods	LOW
Travel	COVID-19	Ensure all members are aware of safe distancing requirements applicable to the various forms of transportation.		LOW
Venue	COVID-19	Ensure safe distancing is provided, particularly in shared areas (e.g. Sports Centres)		LOW

	COVID-19	Ensure adequate signage/posters on <ul style="list-style-type: none"> • Direction Signs (possible one way routing) • Safe Distancing • Washing of Hands 	Inform members of possible one way working.	LOW
	COVID-19	Check Venue Guidelines, with particular reference to any cleaning requirements by Venue, Ventilation etc.		LOW
	COVID-19	Avoid use of Changing Rooms and Showers	Where possible arrive wearing gi, covered by tracksuit. Shower when back home.	LOW
Dojo/Club	COVID-19	Ensure Club Leaders understand and will comply with Guidelines set by Government and the BAB		
	COVID-19	Also comply with any Guidelines issued by Member Associations	Some Associations may have additional requirements based on their form of practice	LOW
	COVID-19	Club COVID-19 Declaration Form to be completed and returned to BAB Secretary before resumption of training		LOW
	COVID-19	Appoint a Coronavirus Officer to be responsible for ensuring compliance with all Guidelines and particularly safe distancing.		LOW
	COVID-19	Ensure notification to members of resumption of training draws specific attention to all safeguarding requirements. Particular emphasis to be placed on members not training if they are		LOW

		displaying COVID-19 symptoms or who have been in contact, over the preceding 2 weeks with someone identified as having the virus.		
	COVID-19	Contact details to be recorded of all those practicing or visiting the Dojo to assist in tracing in the event of a participant proving COVID-19 positive.	Ensure latest mobile phone number	LOW
	COVID-19	Identify layout of Tatami area to provide for individual safe distancing	To ensure 2 metre spacing at all times a 4sq metre would be required per person.	LOW
		Ensure Instructor, holding current BAB coaching qualification available to lead training.	List of Instructors available on BAB website	LOW
	COVID-19	Identify area for Instructor to demonstrate and monitor class from a static position.		LOW
	COVID-19	Ensure Spectators/Parent are located at safe distancing from tatami. This means a minimum of 2 metres from the edge of the tatami.	If not possible then advise them to wait elsewhere	LOW
	COVID-19	Implement procedure to avoid Cash Handling	Where bank transfers or Standing Orders are not appropriate leave basket out for members to place enveloped mat fees etc.	LOW
	COVID-19	Ensure qualified First Aider is present and the first aid kit fully stocked.	IF not available within the Club then ensure that the Venue has a qualified first aider present., ensure they have read the Guidance for Club First Aiders	LOW
	COVID-19	Consider using an infra-red, non-contact thermometer to check members wishing to train		LOW
Individual Members		All members to- Hold current BAB registration (including insurance)	BAB normal monthly returns will operate.	LOW

	COVID-19	All members to complete a COVID-19, Acceptance of Risk, Opt-In Form before practicing	To be retained by Club	LOW
	COVID-19	Ensure no one practices who is displaying coronavirus symptoms or has been in contact with an infected person.	Temperature check should help here	MEDIUM
	COVID-19	Agree to complete track and trace contact details for each practiced session	Check to ensure current mobile number	LOW
	COVID-19	Agree action to be taken in the event of someone becoming unwell during training	Isolate the person, If possible call for someone to collect them Prepare to advise on all those who have been in contact with him/her	MEDIUM
	COVID-19	Ensure those training wash hands or use sanitiser before and after training		LOW
	COVID-19	Ensure all Zori are clean and are worn to the edge of the tatami		LOW
	COVID-19	Face Masks to be worn in compliance with any government requirements and direction from the CCOV-id-19 Officer		LOW