COVID-19 RISK ASSESSMENT

*N.B. This document is to be applied in compliance with the current BAB Risk Assessment Guidelines and Safeguarding Policy that can be found on* [*https://www.bab.org.uk*](https://www.bab.org.uk) *Check the BAB website for the current* [*Return to the Dojo Status*](https://www.bab.org.uk/2020/12/11/return-to-dojo-status/) *and the* [*Return to the Dojo Documentation*](https://www.bab.org.uk/2020/12/14/return-to-the-dojo-documentation/) *to ensure you are following the correct phase for your local area.*

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| Task / Hazard | Hazard Identified | Current Control | Further Action | Risk Rating |
| Droplet  Transmission | COVID-19 | Guidance issued and Practise has been revised to minimise where droplet transmission may occur. | **Phase 0**  Socially distance Aikido greater than 2 meters  **Phase 1**  Aikido using equipment weapons based  1. Socially distanced weapon training greater than 2 meters for longer than 15 minutes. 2. Weapon to weapon training less than 1 meter non face to face less than 1 minute. 3. Weapon to weapon training less than 1 meter face to face less than 3 seconds. 4. Hand to weapon training less than 1 meter non face to face less than 3 seconds.  **Phase 2 and 3**  Aikido weapons and hand to hand.  Weapons 1. Weapon to weapon training less than 1 meter non face to face less than 1 minute. 2. Weapon to weapon training less than 1 meter face to face less than 3 seconds. 3. Hand to weapon training less than 1 meter non face to face less than 3 seconds.  Hand to Hand  4. Hand to hand training gripping less than 1 meter face to face less than 3 seconds. 5. Hand to hand training gripping less than 1 meter non face to face less than 3 seconds. 5. Weapon to hand training less than 1 meter non face to face less than 3 seconds. | LOW  LOW to MEDIUM  LOW to MEDIUM  MEDIUM |
| Fomite Transmission | COVID-19 | Mats cleaned after each use,  All Aikidoka to bring own weapons Clothing Aikido Gi to be washed after each use. | Club to provide sanitiser for use with the class in case weapons are placed on the floor | LOW |
| Population | COVID-19 | Aikido Classes are generally quite small so maximum class size of 15 with pods 6 or less will keep transmission down | Ensure no mixing of pods | LOW |
| Travel | COVID-19 | Ensure all members are aware of safe distancing requirements applicable to the various forms of transportation. |  | LOW |
| Venue | COVID-19 | Ensure safe distancing is provided, particularly in shared areas ( e.g. Sports Centres) |  | LOW |
|  | COVID-19 | Ensure adequate signage/posters on   * Direction Signs ( possible one way routing) * Safe Distancing * Washing of Hands | Inform members of possible one way working. | LOW |
|  | COVID-19 | Check Venue Guidelines, with particular reference to any cleaning requirements by Venue, Ventilation etc. |  | LOW |
|  | COVID-19 | Avoid use of Changing Rooms and Showers | Where possible arrive wearing gi, covered by tracksuit. Shower when back home. | LOW |
| Dojo/Club | COVID-19 | Ensure Club Leaders understand and will comply with Guidelines set by Government and the BAB |  |  |
|  | COVID-19 | Also comply with any Guidelines issued by Member Associations | Some Associations may have additional requirements based on their form of practice | LOW |
|  | COVID-19 | Club COVID-19 Declaration Form to be completed and returned to BAB Secretary before resumption of training |  | LOW |
|  | COVID-19 | Appoint a Coronavirus Officer to be responsible for ensuring compliance with all Guidelines and particularly safe distancing. |  | LOW |
|  | COVID-19 | Ensure notification to members of resumption of training draws specific attention to all safeguarding requirements. Particular emphasis to be placed on members not training if they are displaying COVID-19 symptoms or who have been in contact, over the preceding 2 weeks with someone identified as having the virus. |  | LOW |
|  | COVID-19 | Contact details to be recorded of all those practicing or visiting the Dojo to assist in tracing in the event of a participant proving COVID-19 positive. | Ensure latest mobile phone number | LOW |
|  | COVID-19 | Identify layout of Tatami area to provide for individual safe distancing | To ensure 2 metre spacing at all times a 4sq metre would be required per person. | LOW |
|  |  | Ensure Instructor, holding current BAB coaching qualification available to lead training. | List of Instructors available on BAB website | LOW |
|  | COVID-19 | Identify area for Instructor to demonstrate and monitor class from a static position. |  | LOW |
|  | COVID-19 | Ensure Spectators/Parent are located at safe distancing from tatami. This means a minimum of 2 metres from the edge of the tatami. | If not possible then advise them to wait elsewhere | LOW |
|  | COVID-19 | Implement procedure to avoid Cash Handling | Where bank transfers or Standing Orders are not appropriate leave basket out for members to place enveloped mat fees etc. | LOW |
|  | COVID-19 | Ensure qualified First Aider is present and the first aid kit fully stocked. | IF not available within the Club then ensure that the Venue has a qualified first aider present., ensure they have read the Guidance for Club First Aiders | LOW |
|  | COVID-19 | Consider using an infra-red, non-contact thermometer to check members wishing to train |  | LOW |
| Individual Members |  | All members to-  Hold current BAB registration ( including insurance) | BAB normal monthly returns will operate. | LOW |
|  | COVID-19 | All members to complete a COVID-19, Acceptance of Risk, Opt-In  Form before practicing | To be retained by Club | LOW |
|  | COVID-19 | Ensure no one practices who is displaying coronavirus symptoms or has been in contact with an infected person. | Temperature check should help here | MEDIUM |
|  | COVID-19 | Agree to complete track and trace contact details for each practiced session | Check to ensure current mobile number | LOW |
|  | COVID-19 | Agree action to be taken in the event of someone becoming unwell during training | Isolate the person, If possible call for someone to collect them  Prepare to advise on all those who have been in contact with him/her | MEDIUM |
|  | COVID-19 | Ensure those training wash hands or use sanitiser before and after training |  | LOW |
|  | COVID-19 | Ensure all Zori are clean and are worn to the edge of the tatami |  | LOW |
|  | COVID-19 | Face Masks to be worn in compliance with any government requirements and direction from the CCOV-id-19 Officer |  | LOW |